

CMS Extracurriculars

Team/Group	Coach/Sponsor	Grades Involved	Requirements	Description
Football	Shackelford	7-12	No requirements to play football	
Softball	Chambers	7-12	No requirements to play softball	
Baseball	Mounce	7-12	No requirements to play Baseball	
Basketball (Boys)	Hardaway	7-12	No requirements to play Basketball	
Basketball (Girls)	Taylor	7-12	No requirements to play you Basketball	
Wrestling (Boys)	Barnett	7-12	No requirements to wrestle	
Wrestling (Girls)	Barnett	7-12	No requirements to Wrestle	
Track (Boys) & Cross Country	Wood	7-12	No requirements to run Track or Cross Country	Cross Country practice will start in the summer before school starts. When school starts practice will be in the morning before the school day starts. We do this to try to avoid the excessive heat.
Track (Girls) & Cross Country	Wood	7-12	No requirements to run Track or Cross Country	Cross Country practice will start in the summer before school starts. When school starts practice will be in the morning before the school day starts. We do this to try to avoid the excessive heat.
Golf (Boys)	Robinson	7-12	No requirements to play Golf	
Golf (Girls)	Manning	7-12	No requirements to play Golf	
Cheer	Hobgood/Williams	7-12	Have to tryout	Camp and practices start in the summer. When school starts practices will be 2 days a week (possibly Monday and Wednesday) after school in the green room

FFA	Drake	8-12	No requirements	8th grade Agricultural Orientation is a one-credit, foundational course offered at the eighth grade level. Course content emphasizes science-based approaches to the agricultural industry, natural resources, animal science, plant/horticulture and soil science, agricultural safety, agribusiness and economic principles, careers, and agricultural mechanics. Supervised experience and FFA are included in the course. Students would typically complete this course before enrolling in courses in the career pathways.
TSA	Lujan	7-8 *2nd semester 6th graders can attend	must be enrolled in STEM or have been in STEM at least once to participate	<p>The Technology Student Association (TSA) is a part of the Career Tech family; we are part of the local Oklahoma chapter but TSA is a national organization. Students involved in TSA have the opportunity for its members which offers a broad program of activities – including exciting opportunities for networking, competition, and leadership development.</p> <p>Meetings are helped on Wednesday afternoons from 3:30 to 4:30 in the STEM room. Meetings will begin the first full week of school and occur weekly until the state convention. Officer elections will be held in late September for the current school year. Members choosing to compete at the annual state convention in April will have deadlines to meet in order to compete at state.</p> <p>https://www.oktsa.org/contact-about-us</p> <p>https://tsaweb.org</p> <p>**This program is funded by Francis Tuttle, allowing students to participate and compete for no cost to parents/guardians.</p>
Academic Team	Kidd	7-8	Teacher recommendation	Students will participate in the Oklahoma

				Association of Academic Competition league as a member of the Cashion Academic Team. Rules and procedures will be presented, as well as the Focus Period for the 2023-2024 school year.
Choir		5-8 Middle 9-12 High	Must enjoy music and have a positive attitude. Public performances. Contest participation.	This course explores choral music from a wide variety of cultures, genres and time periods. Students will understand the basics of vocal technique, sight-reading, music theory, and music history. Critical thinking skills will be developed through the analysis of musical elements. Non-academic goals include promotion of self discipline and motivation, aesthetic awareness, cultural exposure, social harmony, creativity, and appreciation of diversity.
Band	Snow	5-12	<ul style="list-style-type: none"> • No requirements for Beginning Band. • To be in the Middle School/High School Band, students must have been part of the Beginning Band 	Students will be taught the basics of music performance while simultaneously learning how to play a musical instrument. Students will be expected to practice in their own time to harness their skills for public performances and contests.